# BED HANDLES, INC. ADJUSTABLE BED HANDLE USE, ASSEMBLY AND INSTALLATION INSTRUCTIONS

#### THESE INSTRUCTIONS REPLACE ALL EARLIER VERSIONS

This product is designed to assist adult users while getting into and out of bed and while sitting, standing rising and rolling over. This product is not designed to keep adult users from falling out of bed.

#### Model AJ1

## $oldsymbol{\Lambda}$ WARNING:

#### SUFFOCATION AND STRANGULATION HAZARD

Gaps in and around bed handle can entrap and kill. People with Alzheimer's or dementia, or those who are sedated, confused, or frail, are at increased risk of entrapment.

- ALWAYS use safety retention straps to properly secure bed handle. Incorrect installation can allow bed handle to move away from mattress, which can lead to entrapment.
- NEVER use unless bed handle is tight against mattress and at least 12½" from headboard and footboard.
- NEVER use with children less than 5 years of age.
- NEVER use on toddler, bunk, water, hospital or inflatable beds.
- Stop using immediately if damaged, broken or if parts are missing.

## **M**CAUTION:

- Do not allow children to play on or with bed handles. They are an adult assistive aid.
- Each bed handle supports 175 static pounds. Excess weight can cause product failure.
- Closely monitor the user's needs assessed and reassessed as needs may change.
- Always seek advice of professionals experienced in user needs and minimizing risks.
- For additional information regarding entrapment hazards you can visit the following Internet web sites: www.FDA.gov www.CPSC.gov.

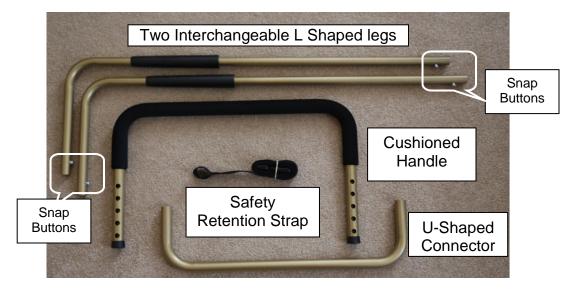
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#### **IMPORTANT!** KEEP FOR FUTURE REFERENCE!

Read these instructions before using your bed handle. Failure to follow these instructions could result in serious injury or death.

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#### **Parts Identification**



### **Assembly Instructions**

- 1) Insert the <u>short</u> end of the L shaped legs into the cushioned bed handle one at a time. Press in the snap buttons to allow each leg to insert into the bed handle. Rotate and adjust each leg until the snap button is heard and felt to lock onto the bed handle. Test the lock of the snap button by twisting or pulling on each leg. The leg will not pull out or twist when snap button is engaged in bed handle.
- **2)** Slip the <u>small loop</u> end of the safety retention strap onto the U-shaped connector piece as shown. Attach this section to the ends of both L shaped legs until the snap buttons lock this connector firmly in place.

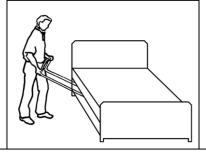






### **Installation Instructions**





Insert the bed handle between the box spring and mattress at the desired location. WARNING! To avoid entrapment keep bed handle at least 12 ½" away from footboard and headboard.



Pull the safety retention strap to the opposite side of the bed.

**Hint:** For easy installation hold the end of the strap and guide it along the foot (or head) of the mattress until it's on the other side of the bed.



Step

Unbuckle the short strap from the long strap. Remove the buckle from the short strap.



Step

Wrap the short strap around your bed frame



Step





the slot as shown.

Step

strap together.

Slide both ends through the remaining slot as shown.



**NOTE**: There is a top and bottom to a buckle. Notice that the ribs on the center bar of the buckle are on top. When properly assembled the strap and buckle will **not** slip and loosen easily.

**CAUTION:** If the buckle is assembled while upside down the strap will slip. Test after assembly is complete to be sure the strap will tighten properly.

Step

Connect the two ends of the buckle. A "click" is felt and heard when the buckle latches. Pull on the ends of the long or short strap to tighten the bed handle against the mattress. Test for tightness by trying to pull the bed handle away from the mattress. The bed handle should not move or create a gap.

#### △ WARNING: SUFFOCATION AND STRANGULATION HAZARD

NEVER use bed handle without properly securing bed handle to bed. Incorrect installation can allow bed handle to move away from mattress, which can lead to entrapment and death.



Adjust the bed handle height, by using the exposed bed handle snap buttons, to the height that best suits your needs and is most suitable for your mattress thickness. Simply push in the snap buttons while sliding the handle up or down.

#### CARE AND MAINTENANCE

- Periodically check safety retention straps to make sure they are tight, secure leaving no gaps.
- Do not use if any part is missing or damaged. Call (800) 725-6903 or visit BedHandles.com for information on how to receive replacement parts.
- To remove the bed handles from the bed release buckles by squeezing on their sides.